

DR. PACE

www.drpaceseminars.com

Spring 2011 Newsletter & Schedule

So that parents can make the best decisions for their children, Dr. Pace's flyers will sometimes include a Newsletter covering information important for test-prep and learning.

*Every area of life offers a window into the sacred,
and if we look closely enough we'll find that window,
even in the unlikely area of standardized tests.*

- DR. PATRICIA SISCA PACE

HIGHEST SCORING PSAT STUDENT IN THE PHILADELPHIA ARCHDIOCESE: SAMANTHA NICHOLS!

Samantha Nichols earned a near perfect PSAT score of 236 out of 240 (an SAT 2360 out of 2400). Using the 3-digit SAT system, Samantha's score improved 380 points after taking Dr. Pace's 25-hour SAT Academic + SAT Retreat Program at Archbishop Wood, where Samantha attends school. Samantha has been part of a special SAT program initiated by Mary Harkins, the Principal of Archbishop Wood. For years Mary has advocated Dr. Pace's holistic approach to learning and test prep. In fact, when Samantha was in seventh grade it was Mary Harkins who suggested that Dr. Pace offer her then experimental program--*Slaying the Dragons of Standardized Tests, High School Entrance Edition*--out of Holy Martyrs School in Oreland, Samantha's grade school. Since then several students have emerged from that program to earn top PSAT scores at their respective schools. Samantha's mother, Mrs. Beth McSherry-Nichols, enthusiastically endorses Dr. Pace's approach to others; she attributes part of Samantha's success to it. Mary Harkins, in order to extend this effective spiritual approach to a greater number of her students, has invited Dr. Pace to offer part of her new *Learning Skills* program to the entire ninth grade class at Wood. The overwhelmingly positive response from the Wood freshmen will likely result in bringing the program in its entirety to Wood in the near future.



My daughter, Samantha, has participated in several of Dr. Pace's programs over the past few years and I feel that she has benefitted enormously from all of them. Dr. Pace shows a tremendous interest in each student as an individual and, from a parent's perspective, I appreciate that she takes the time to speak with the parents personally about how the student is doing – I never felt as if Samantha was just a nameless face in Dr. Pace's classroom! I feel that the approach Dr. Pace takes in her SAT seminar is extremely beneficial because it's not just about the academics. It's about the whole person, mentally, spiritually, and academically – and it's a combination that really works!

- Beth McSherry-Nichols

Dr. Pace's SAT Program really helped me when I took my PSATs. She gave us lots of tips on which questions were used most often and how to do them quickly. By using these, I was never pressed for time. In addition, Dr. Pace listed ways to physically prepare ourselves for the test, such as different foods to eat and the amount of rest to get. When I followed these suggestions, I felt much more refreshed for this test than I had felt for others. The spiritual aspect was also very stress-relieving; a big part of the program is putting our trust in God. All of these different aspects, when put together, definitely allowed me to achieve the best that I could on the PSAT. I would recommend Dr. Pace's SAT retreat to anyone who wants to do well on these important tests.

- Samantha Nichols

To learn about the success of many of Dr. Pace's other students, visit <http://www.drpaceseminars.com/success.htm>.

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NEW SPIRITUAL-ACADEMIC PROGRAM FOR THE ACT TEST

Slaying the Dragons of Standardized Tests, ACT Edition is a new addition to Dr. Pace's Dragon Slaying Series. As with all of Dr. Pace's holistic programs, courses in the Dragon Slayer Series seamlessly blend specific test problems with holistic techniques that deal with non-academic thwarts to personal best performance. She first offered this ACT program in October 2010 to the senior class at Christ the King Prep (CKP) in Newark, part of the Cristo Rey Network. The positive responses from the CKP students clearly demonstrated the value of this new program. Dr. Pace returns to offer the ACT program to the juniors at CKP in March. More recently, the spiritual directors at St. Ignatius Retreat House in New York have begun considering how they can bring this ACT program to students in their area. They will soon meet with Dr. Pace to generate a plan of action.

On Saturday, May 14, Dr. Pace will be offering *Slaying the Dragons of Standardized Tests, ACT Edition* for the first time in the Philadelphia area. More information is included in the Schedule section of this newsletter.

Words of Wisdom regarding *Slaying the Dragons of Standardized Tests, ACT Edition* from a few seniors at Christ the King Prep, Newark:

There is more to test taking than knowing the material. Students must develop healthy ways to guide them through the test.

This extra factor opens up more doors than learning basic skills ever would.

In order to take a test you should be prepared in every way—emotionally, physically and mentally—so you can succeed and not have your internal problems get in the way. Blocking them out with healthy methods can help you overcome them.

Those who are not healthy within themselves are not healthy at the testing site.

As a teacher, you are supposed to give your students the tools to succeed, not just subjects of learning.

If students take holistic lessons they will be more prepared for what the world will throw at them. They will know how to separate their personal problems so that they can perform at their maximum capacity.

Once students know that their emotions, spirit, and energy coincide with their performance on a test, things will change for them.

Having the right mentality is being true to yourself, your body, your mind, and God.

NATIONAL PUBLISHER TAKES NOTICE

David Dziena, the Parish Acquisitions Editor of *Our Sunday Visitor Publishing*, was the first member of a publishing house to recognize the value of Dr. Pace's approach. Since 2005 he has been its outspoken advocate to various Catholic publishing houses. Last year he included a link to the *SAT Retreat* on OSV's website (<http://www.osv.com/ParishNav/FaithFusion/Resources/forCatechists>).

"I really think you are at the verge of this program exploding. I'm proud to be a part of its history."

- David Dziena

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SPIRITUAL-ACADEMICS: SEAMLESSLY INTEGRATING HOLISTIC HEALTH WITH ACADEMICS

FACT: Students struggle with thwarting thoughts and feelings in learning and testing environments.

SOLUTION: The holistic practices used in spiritual-academics offer learners a time-honored way to effectively deal with performance thwarting thoughts and feelings.

FACT: The majority of students see no connection between God and standardized tests.

SOLUTION: Spiritual-academic programs connect the test to the students' talents and the Creator of those talents.

FACT: Many students see the makers of standardized tests in a negative light, believing test-makers intentionally try to "trick" test-takers.

SOLUTION: Spiritual-academic programs introduce students to a totally new, respectful and sacred, way of looking at standardized tests and their makers.

FACT: Test-prep programs prepare only one part of the student.

SOLUTION: Dr. Pace's spiritual-academic programs prepare the whole person, aiming for health of mind, body, spirit, and emotions.

HIGH SCHOOL ENTRANCE PREPARATION TIMELINE

Schedules are so busy these days that students may not be able to wait until the last minute to take a program because they won't have the time. An especially busy season is fall of 8th grade. The following information is for parents who would like some guidance with a timeline for when to take Dr. Pace's high school entrance programs.

WINTER OF 7TH GRADE: TerraNova Prep

SPRING OF 7TH GRADE: One-day HSPT Prep

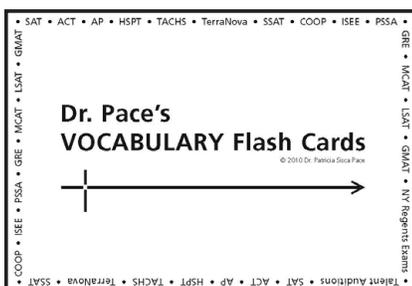
SUMMER ENTERING 8TH GRADE OR FALL OF 8TH GRADE: Extended *HSPT* Prep program and *Slaying the Dragons of Standardized Tests, High School Entrance Edition for Students and their Parents*

DECEMBER OF 8TH GRADE: Neumann Scholarship Prep

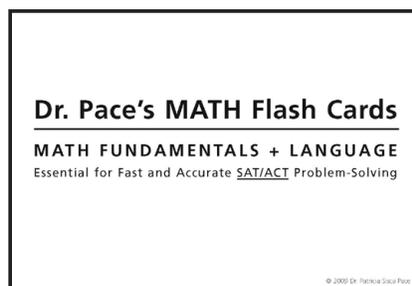
ANYTIME IN 6TH, 7TH OR 8TH GRADE: Learning Skills for 6th, 7th, and 8th Grade Students and their Parents

DR. PACE'S FLASH CARDS

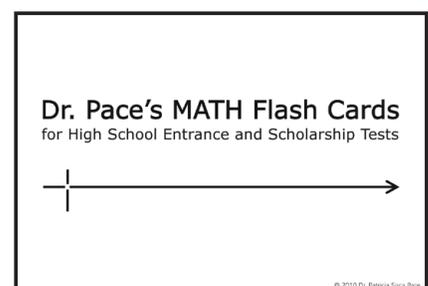
Dr. Pace's Flash Cards can be purchased at Nazareth Academy, Archbishop Wood, and Saint Basil Academy. Save on shipping costs by purchasing them directly from these schools!



VOCABULARY FLASH CARDS



SAT/ACT MATH FLASH CARDS



HIGH SCHOOL ENTRANCE
MATH FLASH CARDS

FOR INFORMATION ON FLASH CARDS

CALL: 215-725-6568 VISIT: www.drpaceseminars.com

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Spring 2011 Schedule

25-Hour SAT Academic + SAT Retreat Seminar

MATH, CRITICAL READING, VOCABULARY, GRAMMAR, ESSAY + SAT RETREAT

Perfect for the May 7 SAT test date!

Comprehensive review of mathematics, sentence completions, critical reading, grammar, and essay writing, with strategies and real SAT practice tests. PLUS the SAT Retreat: techniques for dealing with the non-academic factors (such as test-anxiety, distractions, and low confidence) that thwart personal best performance.

DATES: 5 Saturdays: March 19, 26, April 2, 9, 16 TIME: 9:00a.m. to 2:00p.m.

COST: \$445 includes textbook, workbook, trade book, CD, folder of material, 2 parent meetings, and online assistance.

LOCATION: Archbishop Wood, 655 York Road, Warminster, PA

High School Entrance Test-Prep (HSPT)

DATE: Sunday, March 13 TIME: 11:30a.m. to 4:30p.m.

COST: \$90 includes materials

LOCATION: Nazareth Academy, 4001 Grant Avenue

SAT Workshops: May 21-22 Weekend

Perfect for the June SAT test date!

Saturday, May 21

TIME: 9:00a.m. to 11:00a.m. SAT MATH, covering typical math problems on real SAT tests COST: \$50

11:00a.m. to 1:00p.m. CRITICAL READING, covering strategies and practice with real SAT tests:
Sentence Completions, Reading Passages, and Vocabulary COST: \$50

Sunday, May 22

TIME: 12:00p.m. to 2:00p.m. SAT GRAMMAR AND ESSAY WRITING, covering grammar rules, practice on real
SAT grammar questions, approaches to essay writing, and essay outlines COST: \$50

LOCATION: Nazareth Academy, 4001 Grant Avenue

Slaying the Dragons of Standardized Tests, ACT Edition

DATE: Saturday, May 14 TIME: 9:00a.m. to 2:00p.m.

** SPECIAL INTRODUCTORY OFFER TO PHILADELPHIA AREA STUDENTS: \$35 **

Covers the ACT Writing Test and the 4 Multiple Choice Tests: English, Mathematics, Reading, and Science Reasoning. Most of the program time is spent on holistic techniques, not academic subject matter. This program has been designed to stimulate interest, self-motivation, focus, confidence, and wisdom, as well as to help free students from resistance, fear, and other thwarts to personal best performance.

LOCATION: Nazareth Academy, 4001 Grant Avenue

Note: Any professional educator planning to sit in on or use Dr. Pace's teachings and/or techniques needs to call Dr. Pace for licensing fee information. 215-725-6568